



Ginger with Volunteers Kristen, Julia and Sarah,  
 Rider Aarush

**Out with the old and in with the New!**

IN LOVING MEMORY...

On August 25, 2011 we said goodbye to a wonderful horse, patient teacher and good friend.

Princeton was an amazing horse that touched the lives of many individuals involved with In-Stride.

He will be greatly missed.  
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We also say goodbye to Jumping Jack Flash a/k/a "Jack". Jack will now be living near California University as a pasture mate for a miniature mule. I can't think of a better retirement situation for him. The family he went to live with fell in love with him instantly. While we are always sad to see any of our horses go, we are very happy that we were able to secure a wonderful retirement home for Jack.  
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Join us on September 8, 2011 from 6 – 8 P.m. for our open house. Come meet the horses, meet our instructor and take a little ride.  
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We finally got in a girth to fit Beauty! Now some of our smaller riders will be able to ride on our mini! I can't wait to share pictures and let everyone know how she does.  
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Barn update: Due to the fact that we have not been able to find a suitable replacement barn, we will continue to operate out of Morning Star in South Park. We are beginning to implement some of the programs we had planned to begin at our new facility.  
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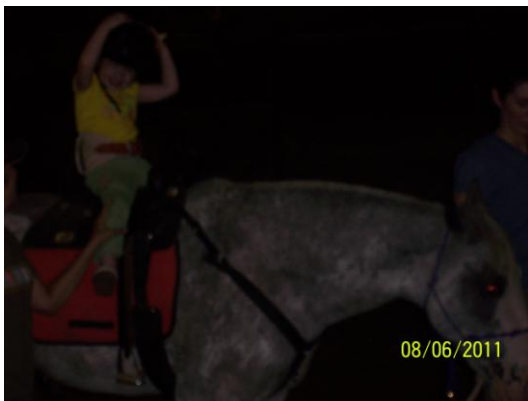
Achievement Centered around Equines ("ACE"). In the near future, we will begin a new program – ACE. ACE is a program that combines horses, academics and life skills all in one place. It is geared toward students grades 8 – 12. The goal of ACE is to help individuals who are struggling academically through teaching applicable life skills, providing academic assistance and spending time with horses. There are many similar programs that exist throughout the United States. Philadelphia has one that is called a "Work to Ride" program. These programs promote achievement and success and have been proven to be successful in other cities. We hope to achieve the same success. Anyone who would like to register or volunteer as a life skills assistant or

tutor, please e-mail  
[instride@hotmail.com](mailto:instride@hotmail.com).

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We are still accepting new riders for our Thursday evening lessons.

Currently we are offering an end of the year promotional deal to new riders. Ride from September 8 – November 10, 2011 for \$150.00 (over 50%) savings. This is a great way to give therapeutic riding a chance at a great savings. Lessons will be given on Thursday evenings between 6 and 8 p.m. Space is limited. For enrollment information e-mail [instride@hotmail.com](mailto:instride@hotmail.com).



India and Scarlette

### **Spotlight**

This month's riders...

Our young riders, Scarlette, Vaughn and Aarush. These three little ones are having so much fun! Aarush trotted for the first time last Sunday, I don't know that I have ever seen a bigger smile. It was an extra treat as his grandmother was visiting and she got to see his first trotting lesson. Scarlette loves riding on India. He is faster than our other two horses and the two of them are a great match. Her balance is wonderful and she

has so much fun tossing the pink ball to the volunteers. Vaughn is also doing really well. He really has made some big improvements this year. He has been wearing his helmet through the entire lesson. He also has wonderful balance and enjoys throwing the balls into the buckets. We have so much fun in this lesson, there are balls (small and large), batons, bean bags, and of course, singing! Old MacDonald seems to be a favorite, must be all the animal sounds. Keep up all the good work little ones!



Cowboy and Vaughn

If you would like more information about In-Stride, please contact [instride@hotmail.com](mailto:instride@hotmail.com) or (412) 302-5393.

As always, we can use volunteers, for interest in volunteering, please contact [instride@hotmail.com](mailto:instride@hotmail.com).

### **Fundraising News**

Donations: We are always in need of donations. Your contribution can provide reduced cost lessons for students, health care for horses and much needed equipment. All donations are tax deductible. You

can also sponsor a horse and/or a student. We are also in need of tack and barn supplies. If you are interested in making a donation, please check our website wish list to see how you can help.



### **Reflections from the director....**

Last Friday, we had a very wonderful surprise. Christine Madoni, a 3 star Parelli Trainer and operator of Afternoon Stables in Bridgeville, joined us for our Friday evening horsemanship. Christine helped us to get through some things we were having trouble with. She also explained and demonstrated the need to be more assertive (we are all on the less assertive side). It was a great learning experience and we all had a good time. I am also happy to report that we were all able to take her teachings and apply them this week to our session. I think everyone had a much more successful this week! We are all having such a good time working with the horses and when we are successful, its nice to be able to instantly share our success with one another. I am really enjoying working with Casper, India and Cowboy. It is also nice to watch Sara work with Ginger and Dana working with Wildfire. But most of all

its nice to have friends to help out when you just can't quite figure out what you are doing wrong.

*Dana Flaherty*

### **Volunteer News:**

We have a very wonderful group of Volunteers and quite a few new faces this year. I am thankful for every one of you and hope you are enjoying the ride as much as I am.

We are in need of volunteers for both Sunday and Thursday.

As Always volunteers are needed for more information contact [instride@hotmail.com](mailto:instride@hotmail.com)

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Holly Stabile, Esquire  
412-310-8039

Donate your unused horse tack. In-Stride is always in need of horse tack and supplies, donate today! Check our wish list for the items we need.

